



FIND US ON FACEBOOK: "*Boot Camp for New Dads, Orlando*"



BOOT CAMP

For new Dads



Real Dads...Real Babies Guy questions...Guy answers

Learn how to: take care of mom before, during and after birth



Registration Page Link

- calm a crying baby
- change a diaper
- hold your baby
- survive labor & delivery
- and much more...

Each class has a \$30 Gift Card Raffle

Boot Camps are FREE and offer a copy of "Crash Course for New Dads"
For more info, or to register, visit our web page by scanning the QR code,

Register at: www.healthystartorange.org

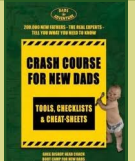
for questions email: bootcampfornewdads@gmail.com

Sorry mom, no women over 2ft tall allowed



Florida Department of Health in Seminole County

**** (Limit 10 Dads per Workshop) ****



November

Thurs, 14th 6-8:30pm

December

Thurs, 12th 6-8:30pm

January

Thurs, 9th 6-8:30pm

February

Thurs, 6th 6-8:30pm

March

Thurs, 13th 6-8:30pm

April

Thurs, 10th 6-8:30pm



Contact: (321) 804 -3237(DADS)
seminolebootcamp@gmail.com



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